

WHAT TO WEAR

HAT

A well fitting hat should feel snug but not too tight and secure under the chin, these can be hired from us

JACKET

Jackets should be comfortable and allow you to move free

BODY PROTECTOR

Body protectors may be worn for added protection and confidence when riding. But not essential

TROUSERS

Jodpurs or jeans are the best trousers to wear as they are made from durable fabrics

SHOES

Boots with a heel are best to keep your foot from sliding around in the stirrup. Wellies are also suitable

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WHAT NOT TO WEAR

HELMET

Do not wear helmets that are designed for other sports such as cycling

JEWELLERY

Jewellery should not be worn when riding

JACKET

Dont wear jackets that are too loose or noisy as this can startle the horse

TROUSERS

No shorts should be worn as your legs will rub on the saddle

SHOES

No open toe shoes or trainers, you dont want a horse to step on your bare feet



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